












# COVID-19: Identifying the symptoms

## How to Differentiate COVID-19, Flu and Cold Symptoms

Symptoms	COVID-19	Flu	Cold
 <b>Symptoms onset</b>	Gradual	Abrupt	Gradual
 <b>Fever</b>	Common	Common	Rare
 <b>Cough</b>	Common (usually dry)	Common (usually dry)	Mild
 <b>Sore Throat</b>	Sometimes	Sometimes	Common
 <b>Fatigue</b>	Sometimes	Common	Sometimes
 <b>Runny or Stuffy Nose</b>	Rare	Sometimes	Common
 <b>Shortness of Breath</b>	Sometimes	No	No
 <b>Aches and Pain</b>	Sometimes	Common	Common
 <b>Headaches</b>	Sometimes	Common	Rare
 <b>Diarrhea</b>	Rare	Sometimes	No
 <b>Sneezing</b>	Sometimes	No	Common

**Sources:** The World Health Organization, The Centers for Disease Control and Prevention, The Public Health Agency of Canada

For more information on Coronavirus (COVID-19) visit [www.educateyourhealth.com](http://www.educateyourhealth.com)