












COVID-19: Identifying the symptoms

How To Differentiate COVID-19, Flu And Cold Symptoms

Symptoms	COVID-19	Flu	Cold
 Symptoms onset	Gradual	Abrupt	Gradual
 Fever	Common	Common	Rare
 Cough	Common (usually dry)	Common (usually dry)	Mild
 Sore Throat	Sometimes	Sometimes	Common
 Fatigue	Sometimes	Common	Sometimes
 Runny or Stuffy Nose	Rare	Sometimes	Common
 Shortness of Breath	Sometimes	No	No
 Aches and Pain	Sometimes	Common	Common
 Headaches	Sometimes	Common	Rare
 Diarrhea	Rare	Sometimes	No
 Sneezing	No	No	Common

Sources: The World Health Organization, The Centers for Disease Control and Prevention, The Public Health Agency of Canada

For more information on Coronavirus (COVID-19) visit www.educateyourhealth.com